## Child Safety Matters & Teen Safety Matters Programs

Presented by the Education Team

## Paluxy River Children's Advocacy Center

Contact Traci Cooper-Ives for more information Email: traci@paluxyrivercac.org Phone: 817-573-0292

Pre K – 1 <sup>st</sup> Grade	2 <sup>nd</sup> – 5 <sup>th</sup> Grade	6 <sup>th</sup> – 8 <sup>th</sup> Grade	9 <sup>th</sup> – 12 <sup>th</sup> Grade
Happy Bear	Child Safety Matters	Teen Safety Matters	Teen Safety Matters
*Teaches welcome & unwelcome touches, using the bathing suit area as a reference *What steps to take if they feel unsafe *Who safe adults are & the importance of telling them if they are in an unsafe situation	*5 Safety Rules *Safe Adults *4 Types of Child Abuse (physical, emotional, sexual and neglect) *Who Harms Kids and How *Safe vs. Unsafe Strangers *Bullying & Cyberbullying *Digital Safety & Citizenship	*5 Safety Rules *Safe Adults *4 Types of Child Abuse (physical, emotional, sexual and neglect) *Being an Upstander against Bullying & Cyberbullying *Digital Abuse & Safety *Exploitation & Trafficking *Relationship Abuse	*5 Safety Rules  *Safe Adults  *4 Types of Child Abuse (physical, emotional, sexual and neglect)  *Bullying & Cyberbullying  *Digital Abuse & Safety  *Digital Self-Awareness  *Exploitation & Trafficking  *Relationship Abuse

## Our curriculum is based on the 5 Safety Rules described below.

You can discover more about the safety rules and how parents/guardians can use them to better protect children by visiting <a href="www.mbfpreventioneducaiton.org">www.mbfpreventioneducaiton.org</a> or downloading the free app "Child Safety Matters".



**Know What's Up** - Talk to your child. Listen to them. Ask them questions about times when they are away from you. Know whom they are with and what they are doing. Help them understand unsafe situations and how to use the Safety Rules to keep them safe. Make sure they know your personal contact information and how to reach you. Have a private family password and make sure they know to never go with anyone who doesn't know it. Learn about the technology and devices they are using or have access to, and talk to them about potential online dangers .



**Spot Red Flags** - Teach your child safety concepts such as personal space and boundaries, respecting themselves and others, safe vs. unsafe situations, secrets and tricks, and digital safety. Teach them the correct names for their private body parts, and how to report if anyone looks at, touches, or photographs their private parts. Educate them about Red Flags, both online and off, and how to seek help. If you are talking to your child and educating them about possible dangers and how to spot the Red Flag behaviors that lead to those dangers, it minimizes their risk of being victimized



**Make a Move** - If you suspect a child is being harmed, trust yourself and Make a Move to keep them safe. If a child tells you about abuse or bullying that has happened to him/her or another child, praise them for telling you and take action right away. Report bullying to the school or organization where it occurred. Report abuse to your state child welfare agency, and unsafe online behaviors to law enforcement. To report suspected Child Abuse call 1-800-252-5400



**Talk it Up** - Talk about child safety because Child Safety Matters. Talk to other adults about what you have learned, so they too become better educated and empowered. Talk to your child using everyday opportunities to discuss safety and safe vs. unsafe situations. Ask your child to spot Red Flags and use the Safety Rules to protect themselves using role-play opportunities. Let your child know they can talk to you about anything, so if the need arises, they will feel comfortable talking to you about difficult topics.



**No Blame / No Shame** - Let your child know that no matter what happens to them, they are never to blame because adults are responsible for keeping kids safe ALWAYS. Let them know that no matter what they are told, they should never be ashamed to tell you or another Safe Adult about Red Flags, abuse, or anything else they need to tell you to help keep them safe. Let them know you support them. If your child is a victim, remember you are not to blame and you should not be ashamed to seek help. Support is available .